

History of the DSM

It is important to understand that the diagnostic scheme is dynamic and constantly revised and refined. Let's take a look at the time line of the *DSM*.

1952: The first version of the *DSM* was published and listed 106 mental disorders.

1968: The *DSM-II* was published and listed 182 mental disorders.

1980: The *DSM-III* was published and listed 265 mental disorders. A major shift in theoretical orientation of the *DSM* occurred with the publication of the *DSM-III*. The first two editions were heavily influenced by the psychoanalytic tradition. The third edition removed much of the theoretical references and defined disorders in operational terms. This increased the acceptance of the *DSM* by a wide audience of mental health professionals.

1987: A revision of the *DSM-III* (*DSM-III-R*) was published and contained 292 mental disorders.

1994: The *DSM-IV* was published and listed 297 mental disorders. This edition introduced a multiaxial system of classification.

2000: The *DSM-IV's* text revision (*DSM-IV-TR*) was published, which had revisions and clarifications of all of the same disorders as in the *DSM-IV*.

2013: The *DSM-5* was published. This most recent version of the *DSM* includes approximately the same number of disorders as the *DSM-IV-TR*. However, some new disorders were added and outdated ones were removed.