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Eng 1A

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Essay Thesis

When we eat fast food, do we really know what is in our bodies? What I want to find out is the truth about fast food. What is fast food made of? What potential health risks do we face when we eat fast food? Fast food is bad for your health, and you need to do something to keep those who like fast food healthy, because fast food is known to cause health problems. Because fast food is not natural, there is a lot of added ingredients, and it is far from fresh.



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