

Approved Topic List: Choosing Your Field Project Topic with a Primary Prevention Focus

Note: You may not log any work on your field project until you are enrolled in Community Health and Population-Focused Nursing Field Experience/Community Health and Population-Focused Nursing Clinical and have selected your topic.

What is a Primary Prevention?

The Community Health Nursing practicum requires a field project. The project focuses on primary prevention. Primary prevention is the prevention of disease, injury, disability or premature death before they occur.

First Steps in Choosing a Field Project Topic

First, consider what might be an issue of public health concern in your own community. The pertinent questions to consider are:

- What is the biggest contributor to disease (morbidity) and premature death (mortality) in your community?
- What are the controversial community health concerns discussed in your local newspaper?
- What do you believe people in your community are most concerned about related to health?
- What is generating the most visits to the emergency room or hospital admission in your community?
- What do you believe is reducing the quality of life in your community?

Possible Topic Areas to Choose for Field Project

Access to Healthcare

- access to mental health services
- access to dental health services
- access to health services
- promotion of health literacy

Alcohol and Drug Use

- responsible alcohol consumption
- prevention of drug abuse, including
 - IV drug use
 - prescription drug use

Child Health

- prevention of neonatal mortality
- prevention of unintentional childhood injuries, including:
 - sudden unexpected infant death (SUID)
 - poisoning
 - drowning
 - motor vehicle related (child safety seat and seat belt use)
 - sports related
 - pedestrian related
- prevention of child abuse
- promotion of vaccination

Disabled

- promotion of health and well-being, including
 - access to disability related services and devices,

- limit barriers to participating in home, work, school, or community activities

Disaster Preparedness

- prevention of adverse health consequences caused by natural and human caused disasters

HIV/AIDS

- prevention of HIV/AIDS, including
 - sexual transmission
 - prenatal transmission
 - IV drug use transmission

Oral Health

- prevention of dental caries

Obesity/Nutrition

- prevention of overweight and obesity through healthy nutrition and physical activity
- prevention of food deserts

Physical Environment

- promotion of healthy physical environment, including
 - air quality
 - land quality
 - water quality

Seniors

- prevention of falls
- prevention of social isolation
- promotion of vaccination

Sexual Health

- Prevention of sexually transmitted infections.

Social Environment

- safe, affordable, quality housing (prevention of homelessness)

Tobacco

- prevention of tobacco use
- prevention of smoking

Unintentional Injuries

- prevention of workplace injuries
- prevention of motor vehicle related death/injuries
 - prevention of pedestrian injury and death (includes bicyclists)

Violence

- prevention of domestic violence/intimate partner violence
- prevention of dating violence
- prevention of gang violence
- prevention of community violence
- prevention of bullying/cyber-bullying
- prevention of suicide/depression
- Prevention of human/sex trafficking

Women's and Maternal Health

- prevention of unintended pregnancies
- lack of breastfeeding/promotion of breastfeeding
- promotion of vaccination

Resources to Start Your Topic Choice Process

- [Healthy People 2020](#)