



STUDYDADDY

Get Homework Help From Expert Tutor

[Get Help](#)

Time Log

Week	Dates	Times	Total Hours for This Time Frame	Activities/Comments	Learning Objective(s) Addressed
1	2/25 2/26 2/27	0830- 1700	25.5 hours	I observed psychotherapy sessions, and intake assessments with clients of all ages. I also engaged in play therapy with several clients. I observed different psychotherapy techniques such as cognitive behavioral therapy, when working with patients diagnosed with anxiety.	Assess clients presenting for psychotherapy. Compare assessment tools used in psychotherapy. Evaluate biological basis of psychotherapy treatments.

Time Log					
2	3/3	0830-	23.5 hours	I collaborated with the	Develop psychiatric diagnosis
	3/4	1700		therapist during	for clients across the lifespan.
	3/6	0830-		individual	Analyze psychometric
		1500		psychotherapy sessions	properties of assessment tools.
		0830- 1700		and intake assessments with clients of all ages. The therapist educated me on different psychotherapy techniques such as CBT, acceptance and commitment therapy, exposure therapy, and motivational interviewing.	

Time Log					
3	3/12	0830-1700	8.5 hours	I collaborated with the therapist during individual psychotherapy sessions and intake assessments with clients of all ages. We utilized CBT for patients diagnosed with depression and anxiety.	Assess clients presenting for psychotherapy. Develop genograms for clients presenting for psychotherapy.

Time Log					
4	3/16	0830-	25.5 hours	I collaborated with the	Develop diagnosis for clients
	3/17	1700		therapist during	receiving psychotherapy.
	3/18			individual psychotherapy sessions. I learned how to assist a patient with current suicidal ideations, create a safety treatment plan, and provide them with resources and support. I learned about grief therapy, Kubler- Ross's model of grief, and how to access CBT focused activities through therapyaid. I worked with multiple bipolar patients, assessed their manic/ depressed states, and educated them on ways	Analyze legal and ethical implications of counseling clients with psychiatric disorders. Integratively assess, diagnose, plan, implement, and evaluate cost-effective healthcare strategies that reduce health disparities by patient/population advocacy for access to specialist nursing care.

This study resource was
shared via CourseHero.com



STUDYDADDY

Get Homework Help From Expert Tutor

[Get Help](#)