

## Unit 6 Assignment: Nutrition in the News (Newsletter Item)

Due Date: 11:59 pm EST Sunday of Unit 6

Points: 100

#### Overview:

In this assignment, you will be creating a one-page item advising families about nutrition and its role in obesity prevention that could be included in a theoretical monthly virtual newsletter shared on Facebook or a similar platform.

#### Instructions:

Your newsletter item must include the following:

- The age group you are writing about:
  - Infants
  - Toddler
  - Preschoolers
  - Kindergarten
- The item must speak directly to families about the selected age group.
  - Include at least one national guideline.
  - Information on how it can be followed at home.
- Be creative and include pictures and/or graphics
  - o You may use clip art and other free images sources (Creative Commons).
  - If you use actual photos, please make sure you have permission from the individuals to use them.
- Since this is intended for a virtual platform, you should include links to examples and resources.

### Requirements:

- Submit the assignment in a Word Document.
- You do not need to create a whole newsletter, just a news item.

Be sure to read the criteria below by which your work will be evaluated before you write and again after you write.

# **Evaluation Rubric for Unit 6 Assignment**

CRITERIA	Exemplary	Proficient	Needs Improvement	Deficient
	15 points	12-14 points	9-11 points	0-8 points
Age group being addressed	An age group is identified, and the newsletter item speaks directly to the chosen age group.	An age group is identified and speaks to the age group but is missing minor details.	An age group is identified and speaks to the age group but is missing key details.	No age group is identified.
Creativity	The newsletter item is original and engaging, taking a novel approach in communicating the importance of obesity in the chosen age group.	The newsletter item is original and engaging, taking a novel approach in communicating the importance of obesity, but is missing minor creative elements.	The newsletter item communicates the importance of obesity but is missing key creative elements.	The newsletter item is missing creative elements.
Links to examples and other platforms	Examples and other platforms are correctly linked and lead the reader directly to the information.	N/A	N/A	Examples and other platforms are missing, or the links do not work.
National guidelines	At least one national guideline followed	N/A	N/A	No national are guidelines followed.
	30 points	24-29 points	18-23 points	0-17 points
5a: Understanding content knowledge and resources in academic disciplines	The assignment is complete.  1) New knowledge is evident.  2) Multiple examples and/or resources are cited.  3) Personal connections are elaborated.	The assignment is complete.  Two of the clarifications in criteria 5 are evident.	The assignment is complete, and the personal connection is mentioned.  One of the clarifications in criteria 5 is evident.	The assignment is completed. No further clarifications are evident. Writing is vague.
	10 points	8-9 points	6-7 points	0-5 points
SS3 Grammar, spelling, and	Grammar, spelling, and sentence	Grammar, spelling, and sentence	Grammar, spelling and sentence	Grammar, spelling and sentence

CRITERIA	Exemplary	Proficient	Needs Improvement	Deficient
sentence structure. The teacher is proficient in reading, writing, and mathematics. Proper APA format is utilized, including in- text citations and a reference.	structure are highly polished; no grammar or spelling errors.  Uses resources provided in the thread and/or additional resources when appropriate to support reflection.  Proper APA format is utilized, including in-text citations and a reference.	structure of discussions are good. A maximum of one grammar or spelling error.  Uses resources provided in the thread and/or additional resources when appropriate to support reflection.  An attempt is made to use proper APA format including in text citations and a reference.	structure of discussions are adequate. A maximum of two grammar and/or spelling errors.  Uses resources provided in the thread to support reflection.  An attempt is made to cite and reference the resources.	structure of discussions are inadequate. There are three or more errors.