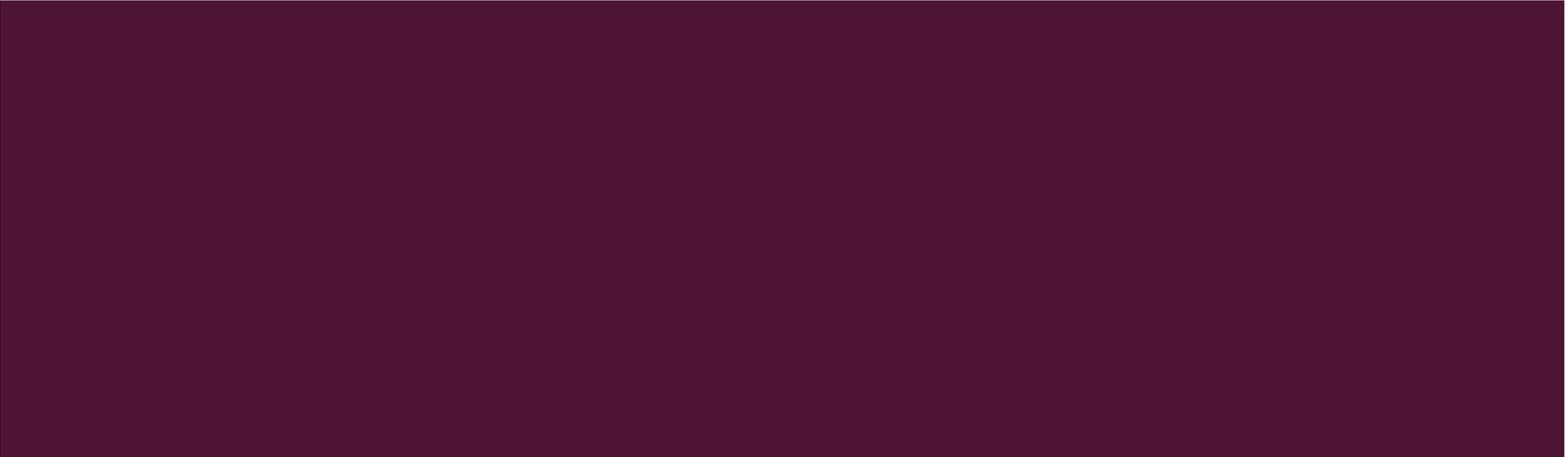


LOVE AND RELATIONSHIPS

STACY SALERNO, PHD



SEXUALITY

- Sex is part of most romantic relationships: most people report their most fulfilling sexual experiences happen when there is love involved
- Our society is both obsessed and afraid of sex: media is saturated with images, including increasingly easy access to porn
- We do not have a federally mandated, comprehensive sex education program. In fact, most schools include some version of “abstinence only” sex education
- Americans are the most uninformed first world country when it comes to sex

SEXUALITY, CONTINUED

- While sex is important for relationships, young people are also engaging in “hook ups,” which can also be referred to as: talking, hanging out, as well as other terms
- Hooking up can have both positive and negative effects. Proponents of sexual freedom argue that it allows women to express themselves more freely, while others worry that there is still a double-standard
- Abstinence education has shown to have mostly negative consequences: higher rates of STI epidemics and higher rates of teen pregnancy. Half of teens are having sex by the age of 16.
- Statistics show us that most young people will have sex before marriage, yet legislators insist on implementing restrictive laws on sex education

SEXUALITY, END

- Pleasure is also seen as dangerous, for women in particular. Approximately six states outlaw the sale of vibrators
- Women's sexuality is often feared, and sex has been viewed historically as solely for reproduction
- While gay marriage is now legal and mostly tolerated by Americans, gay sex is not
- Religion has played a role in our fears about sexuality and pleasure
- Patriarchal double standards have limited sexual freedom for women
- The existence of sexually transmitted infections has also caused many to fear sex

ORGASM IN COLLEGE HOOKUPS AND RELATIONSHIPS

- Studies find that men and women have better sex when in a relationship when compared to hookup sex
- Women feel more comfortable and open about their needs with relationship sex
- Men are more likely to receive oral sex during hookups
- Women are still likely to be stigmatized if they hook up “too much,” whereas men are not
- There is an orgasm equality gap in hookup sex. Men are more likely to orgasm, while women report being too nervous or concerned in order to focus on themselves

ORGASM IN COLLEGE HOOKUPS AND RELATIONSHIPS, END

- As a solution to the double standard women face when hooking up, and the lack of sexual pleasure, the authors recommend the following (Armstrong, England, and Fogerty 2010):
 - Women should be more confident and ask for what they want during hookup sex
 - Men and women need to stop judging women who have hookup sex
 - Please view website to view statistics on the [Percent of men and woman reporting an orgasm in recent hookup and relationship](#)

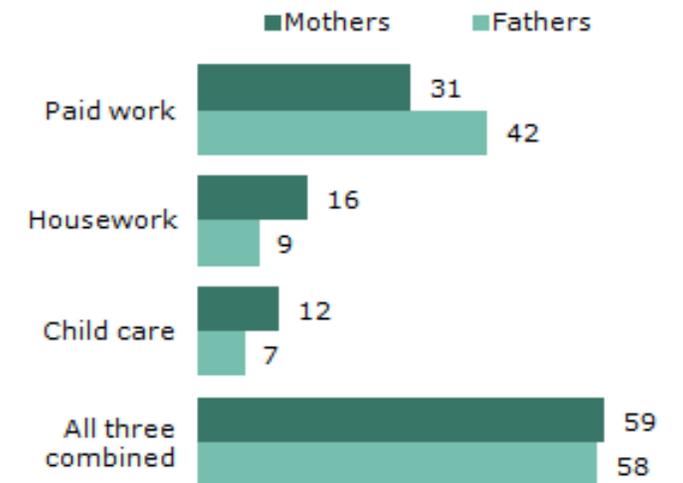


SEX AND HOUSEWORK

- Studies find that men who participate in household chores are having more sex
- Competing studies have been found to be outdated, and did not measure “housework” in an accurate way
- Young couples today are striving for equality in their relationships, and although women still do more—men are stepping up. This has resulted in more intimacy for everyone

How Dual-Income Couples Divide Their Time

In dual-income households, average number of hours spent each week on ...



Note: Based on adults ages 18-64 who are currently married or living with a partner, working either full or part time and have their own child(ren) in the household.

Source: Pew Research analysis of the American Time Use Survey, 2003-2011.

PEW RESEARCH CENTER

REFERENCES

- Families as They Really Are by Barbara J. Risman & Virginia Rutter | Cover type: Paperback, Edition: 2ND 15, Copyright: 2015, Publisher:W.W. Norton & Co. Published: 2015
- Elizabeth A. Armstrong, Paula England, and Allison C. K. Fogarty. *Accounting for Women's Orgasm and Sexual Enjoyment in College Hookups and Relationships*. 2012. American Sociological Review.
- Crittenden, Ann. 2001. *The Price of Motherhood: Why the Most Important Job in the World is Still the Least Valued*. New York: Owl Books.