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PSY-215-H3752 Abnormal Psych...











Module Eight Activity Guidelines and Rubric









Overview

Over the past several weeks, Jamal has discovered that abnormal behavior can be the result of a genetic predisposition, an inappropriate fit between a behavior and its context, or our inability to adapt to the changing demands of our environment. Likewise, Jamal now understands how our exposure to messaging can significantly influence our perception of what is considered normal; the views conveyed by today's social media influencers can have a dramatically positive or negative impact on the biopsychosocial well-being of their followers. Perhaps most importantly, Jamal has observed the ways in which compassion, empathy, and acceptance of our individual differences can promote an inclusive, diversity-positive view of mental illness—and a more humanistic definition of what it means to be abnormal.

Now more than ever, Jamal is a firm believer in the idea that we are all abnormal in our own unique ways. When we acknowledge the humanity in abnormality, we can begin to reconstruct our view of abnormal—not as a weakness or a deficit, but as an aspect of the human experience that, in many cases, can be identified, managed, and overcome.

Prompt

The following resources support your work on this activity:

- Module Eight Activity Template: You may use this template to complete the Module Eight Activity assignment.
- Psychology Research Guide: This resource was created to help you find psychology related content.

For this journal activity, you will focus on reconstructing your view of what it means to be abnormal. Specifically, consider the notion of the humanity in abnormality. Then respond to the following prompts with a minimum of 3 to 5 sentences. Address the rubric criteria listed below and support your answers with a credible source when necessary.

- Discuss what it means to view our individual differences through a **non-pathologizing** lens.
- In recent times, people have begun to adopt a non-clinical view of psychological conditions—as differences, not
 disorders. Discuss the costs and benefits of viewing psychological traits, symptoms, and conditions in this
 manner.
- Think of an abnormal behavior that may be viewed as a deficit or a weakness. Discuss how aspects of this behavior may be reframed and reapplied as a **strength**.

Guidelines for Submission

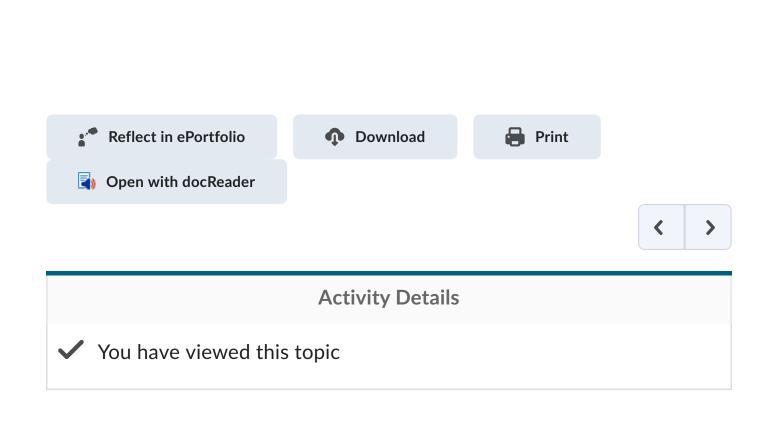


Module Eight Activity Rubric

Criteria	Exemplary (100%)	Proficient (85%)	Needs Improvement (55%)	Not Evident (0%)	Value
Non- Pathologizing	Exceeds proficiency in an exceptionally clear, insightful, sophisticated, or creative manner	Discusses what it means to view individual differences through a non-pathologizing lens	Shows progress toward proficiency, but with errors or omissions; areas for improvement may include details related to the discussion of what it means to view individual differences through a non-pathologizing lens	Does not attempt criterion	28
Costs and Benefits	Exceeds proficiency in an exceptionally clear, insightful, sophisticated, or creative manner	Discusses the costs and benefits of viewing psychological traits, symptoms, and conditions as differences, not disorders	Shows progress toward proficiency, but with errors or omissions; areas for improvement may include details related to the discussion of costs and benefits of viewing psychological traits, symptoms, and conditions as differences not disorders	Does not attempt criterion	28
Strength	Exceeds proficiency in an exceptionally clear, insightful, sophisticated, or creative manner	Discusses how aspects of an abnormal behavior may be reframed and reapplied as a strength	Shows progress toward proficiency, but with errors or omissions; areas for improvement may include details related to the discussion of how aspects of an abnormal behavior may be reframed and reapplied as a strength	Does not attempt criterion	28



Articulation of Response	exceeds proficiency in an exceptionally clear, insightful, sophisticated, or creative manner	Clearly conveys meaning with correct grammar, sentence structure, and spelling, demonstrating an understanding of audience and purpose	Snows progress toward proficiency, but with errors in grammar, sentence structure, and spelling, negatively impacting readability	Submission has critical errors in grammar, sentence structure, and spelling, preventing understanding of ideas	y
Citations and Attributions	Uses citations for ideas requiring attribution, with few or no minor errors	Uses citations for ideas requiring attribution, with consistent minor errors	Uses citations for ideas requiring attribution, with major errors	Does not use citations for ideas requiring attribution	7
Total:					



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