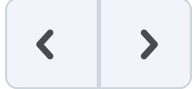




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Module One Milestone Guidelines and Rubric



PSY 355 Module One Milestone Guidelines and Rubric

Overview

As you are learning, the motivations that underlie our behavior are unique to us. For example, we may engage in behavior as a result of self-driven to engage in behavior that is not self-directed, the extrinsic pressure to adhere to rules and norms could cause intrapersonal conflict of our curiosities, interests, or values. When we are driven to engage in behavior that is self-directed, we feel an intrinsic drive to complete and free will. For these reasons, it is important to answer the question: Why does intrinsic motivation matter?

For this milestone, you will reflect on the conceptual foundations and practical applications of motivation orientation. Specifically, you will and how being aware of a person's motivation orientation can promote effective leadership.

Prompt

To complete this assignment, use the [Module One Milestone Template Word Document](#) to address Part One and Part Two of the following

Part One

In 3 to 5 sentences for each criterion, apply the conceptual foundations of motivation orientation to your lived experience by responding

1. Describe which **motivation orientation**, autonomous or controlled, is most relevant to you and why.
2. Describe how motivation orientation influences **level of engagement**.
3. Describe an authentic example of how **conformity** has been both detrimental and essential to your well-being.
4. Describe the strengths and limitations of an autonomously motivated mindset as it applies to **emotional intelligence**.

Part Two

Next, in 3 to 5 sentences for each criterion, describe the practical applications of motivation orientation within the leadership context by

1. Describe the types of **values** that you believe would help to promote an autonomously motivated mindset in those you serve.
2. Describe how you could support others in their own **motivation**.
3. Describe an example of how your understanding of motivation orientation can help you **engage** in more compassionate, empathetic

What to Submit

You will use the Module One Milestone Template to complete this milestone. Sources should be cited according to APA style.

Module One Milestone Rubric

Criteria	Exemplary (100%)	Proficient (85%)	Needs Improvement (50%)
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Criteria	Exemplary (100%)	Proficient (85%)	Needs Improvement (55%)
Motivation Orientation	Exceeds proficiency in an exceptionally clear, insightful, sophisticated, or creative manner	Describes which motivation orientation, autonomous or controlled, is most personally relevant and why	Shows progress toward proficiency, but with errors or omissions; areas for improvement may include details related to which motivation orientation is most personally relevant and why
Level of Engagement	Exceeds proficiency in an exceptionally clear, insightful, sophisticated, or creative manner	Describes how motivation orientation influences level of engagement	Shows progress toward proficiency, but with errors or omissions; areas for improvement may include details related to how motivation orientation influences level of engagement
Conformity	Exceeds proficiency in an exceptionally clear, insightful, sophisticated, or creative manner	Describes an authentic example of how conformity has been both detrimental and essential to well-being	Shows progress toward proficiency, but with errors or omissions; areas for improvement may include details related to an authentic example of how conformity has been both detrimental and essential to well-being
Emotional Intelligence	Exceeds proficiency in an exceptionally clear, insightful, sophisticated, or creative manner	Describes the strengths and limitations of an autonomously motivated mindset as it applies to emotional intelligence	Shows progress toward proficiency, but with errors or omissions; areas for improvement may include details related to the strengths and limitations of an autonomously motivated mindset as it applies to emotional intelligence
Values	Exceeds proficiency in an exceptionally clear, insightful, sophisticated, or creative manner	Describes the types of values believed to help promote an autonomously motivated mindset in those served	Shows progress toward proficiency, but with errors or omissions; areas for improvement may include details related to the types of values believed to help promote an autonomously motivated mindset in those served
Motivation	Exceeds proficiency in an exceptionally clear, insightful, sophisticated, or creative manner	Describes how to support others in their own motivation	Shows progress toward proficiency, but with errors or omissions; areas for improvement may include details related to how to support others in their own motivation
Engage	Exceeds proficiency in an	Describes how understanding	Shows progress toward

	exceptionally clear, insightful, sophisticated, or creative manner	of motivation orientation can help with engaging in more compassionate, empathetic leadership	proficiency, but with errors or omissions; areas for improvement may include details related to how understanding of motivation orientation can help with engaging in more compassionate, empathetic leadership
Articulation of Response	Exceeds proficiency in an exceptionally clear, insightful, sophisticated, or creative manner	Clearly conveys meaning with correct grammar, sentence structure, and spelling, demonstrating an understanding of audience and purpose	Shows progress toward proficiency, but with errors in grammar, sentence structure, and spelling, negatively impacting readability
Citations and Attributions	Uses citations for ideas requiring attribution, with few or no minor errors	Uses citations for ideas requiring attribution, with consistent minor errors	Uses citations for ideas requiring attribution, with major errors



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