Mental illness(s) identified in the movie, and psychiatric symptoms displayed by the character(s)

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When our mind fails to coordinate or function normally, nearly all parts of our body is typically affected. The human mind is accountable for coordinating numerous functions of the body. When our bodies feel pain, it is mainly registered in the mind before we react to it. All our responses and actions towards the surroundings are the function of the brain. In many cases, we react according to the way our minds direct us. If we don’t function ordinarily, then the state can simply be related to a psychological health disorder (Cohen, 2016, p. 316). The movie, call me crazy, touches on some of the common brain disorders found in our societies.

For instance, Lucy (Brittany Snow), a law student, is admitted to a psychiatric hospital for having schizophrenia. This is a psychological condition characterized by failure to understand what is real and an unusual social behavior (Cohen, 2016, p. 316). Common signs include unclear or confused thinking, false beliefs, reduced social engagement, hearing voices and emotional expression, and lack of motivation. Causes of schizophrenia consists of genetic factors and environmental. Potential environmental factors comprises of being brought up in a city, usage of bhang, certain infections, poor nutrition during pregnancy parents, and bearing children while old. Genetic influences include a diversity of common plus rare genomic variants. Diagnosis is established on observed conduct or the person's recounted experiences. Through the care of a new acquaintance, medications plus her psychotherapist, she instigates her path to not only in healing, but also an auspicious future.

On another episode on the movie, Maggie (Jennifer Hudson), a female trouper returns home from battle to her father and son but later succumb to post-traumatic stress disorder. This is triggered after she was repeatedly raped by her commanding officer (Ebert, 2011, p. 96). The disorder nearly causes her to lose her son to custody after she attacks her father. Her lawyer comes to her rescue since she understands firsthand what it is like to surfer from mental disorders. Post-traumatic stress disorder is brought about when an individual is exposed to traumatic events like warfare, traffic collisions, erotic abuse and many more events that may affect someone psychologically or emotionally. Symptoms could include distressing thoughts, dreams or feelings associated to the occasions, physical or mental suffering to trauma-related signals, efforts to avoid trauma related signs, changes in how an individual thinks or feels, and increased stimulation (Ebert, 2011, p. 96).

In most scenarios, many people are not fast to recognize the issues distressing them. Nonetheless, it continuously turns out to be a serious disorder that inspires challenges in the life of the person. Mental health disorders are very perilous health threats that ought to be addressed by the appearance of the least symptoms. The problem of psychological disorders is highly widespread and terrifying as only few individuals are able to accept they have the problem and might take time to pursue medical assistance (Gershwin, Gershwin, & Esposito, 1996, p. 188).

In spite of being very hazardous, utmost people has overlooked the earliest symptoms only to get themselves in profound trouble later on. It is in no doubt that psychological health conditions are factual threat to human health and consequently, medical care ought to be sought at the earliest symptoms of attack. Most people nowadays have tendencies that make them healthier. Although they can live deprived of them. For instance, we can think of something as being, lucky or have a definite routine that is consoling. Though, for persons with psychological complications, such conducts are a lot more unbearable plus disruptive and are motivated through undesired feelings that do not usually go away.

 In conclusion, brain disorders are brought into the limelight in this movie and how the society should participate and take part in helping to the recovery of the affected ones. Therefore, we now have a greater understanding of these conditions and there is much hope that they can be treated. Even though the process of healing could take a very long time, it is worth the shot and accepting our beloved ones for who they are. Octavia Spencer who acts as Lucy’s therapist, said in an interview that if we get a single family to open their gates to an individual who is afflicted plus offer them comfort and help, then we have done our work. She hoped that people in some way could strike a harmony and they learn as far as they can about these disorders. Then, we could state with sureness that, there is hopefulness and assistance for persons affected by these illnesses, their family members and loved ones included.

References

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