K thru third grade (ages 5 to 8)

 **First grade basic skills** 1. **What is the developmental stage of the kids?**

 11 students

 Locomotion

**State standard (ALABAMA) 2 Which standard did you choose?**

**Section 2: LESSON INTRODUCTION**

First we would start the lesson with energy, the children will start with warm up exercises that will help with movements and prepare them for the skills. After that, the children will move to the agenda of the day, being locomotion. The kids will enhance their locomotion skills through walking, running, jumping, hopping, and dodging.

 Walking: The kids will stand in two lines both having **(3)** **five students and then have one student** standing in the middle of the two lines. The ten students’ will make movements to the right counting up to three and then to the left counting three, then eventually meet in the middle where the one student will be standing. **(3) Why did you choose this number? How will you determine who stands where? Will you group students a certain way with a specific purpose?**