



**STUDYDADDY**

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**Case Vignette:  
Glenda**

Glenda becomes painfully aware that she has perfected the art of manipulating men with her physical appearance. She says the appropriate things, she has an abundance of men in her life, all of her contacts with people are superficial, and she accepts in herself that she has not pursued any depth because she has apparently gotten what she wanted with such little effort. But now she suffers as she comes to grips with her own vacancy and superficiality.

The issues of freedom with which she might well wrestle as a result of her dawning awareness could be reflected in questions such as these:

Am I tired enough of being plastic that I will risk finding out whether I'm real or not?

Since my style has worked so well in the past, will I really change now?

What if I pursue depth in a relationship only to find emptiness?

What if I am really empty inside?

What if all I am is a pretty exterior?

Will I be better off deluding myself that a fine exterior is better than the experience of nothingness?

How do I begin to change?

Can I allow myself to hurt, or will I retreat into old ways to repress my pain?





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