



STUDYDADDY

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Reading and Resources

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Required Resources


Textbook: *Theory and Practice of Counseling & Psychotherapy*, Chapters 6 and 7

Click the Cengage MindTap link in this module to access this resource.

Reading: Case Vignette: Glenda 


(Course%20Documents/PSY%20315%20Case%20Vignette%20Glenda.docx?
isCourseFile=true&ou=1613770)

The case vignette will be used with the Module Three discussion.

Video: Existential-Humanistic Psychotherapy  (<https://www.youtube.com/watch?v=gVS93POgQA8&feature=youtu.be>)

This video provides background information as well as specific techniques in existential-humanistic psychotherapy.

Students may experience varying amounts of time for this resource to load, depending on the speed of their internet connection. This video is 3 minutes and 16 seconds in length.

You can also view a captioned version of the Existential-Humanistic Psychotherapy video  (<https://youtu.be/yJKdfVyVwrk>).

Video: Person-Centered Therapy  (<https://www.youtube.com/watch?v=uL8o1bAYJPI>)

This video provides background information as well as specific techniques in person-centered therapy.

Students may experience varying amounts of time for this resource to load, depending on the speed of their internet connection.

This video is 5 minutes and 29 seconds in length.

This video is 5 minutes and 37 seconds in length.

Beneath the textbook, there are Additional Optional Activities and Resources.

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Activity Details

Task: View this topic



Review the module resources.



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