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# Module Three Video Reflection Guidelines and Rubric



### PSY 491 Module Three Video Reflection Guidelines and Rubric

#### Overview

In Modules One through Seven of this course, you will watch a series of videos from leaders within the SNHU community. The objective and insights as they pertain to the participants' identity, advocacy, leadership, and motivation. Watching the videos and reflecting on the social change identity.

**Note**: As you progress through the video series and the subsequent module reflections, you will synthesize information provided fror videos. Pay particular attention to specific conceptual themes that emerge from the videos. You will use the knowledge acquired in all module reflection assignment.

## **Prompt**

For this assignment, you will watch the Module Three Video SNHU Leadership and answer the following in 2 to 4 sentences per quest

- Describe interview participant's specific **coping and resiliency skills** that were critical to their ability to manage change.
- Describe how you can apply your knowledge of psychology to enhance your coping and resiliency skills.

All sources and ideas requiring attribution must be cited according to APA style.

#### What to Submit

 $Submit\ your\ completed\ Module\ Three\ video\ reflection\ as\ a\ Word\ document, with\ sources\ cited\ according\ to\ APA\ style.$ 

## Module Three Video Reflection Rubric

Criteria	Exemplary (100%)	Proficient (85%)	Needs Improvement (55)
Coping and Resiliency Skills	Exceeds proficiency in an exceptionally clear, insightful, sophisticated, or creative	Describes interview participant's specific coping and resiliency skills that were	Shows progress toward proficiency, but with errors or omissions; areas for
	manner	critical to their ability to manage change	improvement may include details related to interview

			participant's specific coping a resiliency skills that were critical to their ability to manage change
Apply Your Knowledge	Exceeds proficiency in an exceptionally clear, insightful, sophisticated, or creative manner	Describes how to apply knowledge of psychology to enhance coping and resiliency skills	Shows progress toward proficiency, but with errors or omissions; areas for improvement may include details related to how to apply knowledge of psychology to enhance coping and resiliency skills
Articulation of Response	Exceeds proficiency in an exceptionally clear, insightful, sophisticated, or creative manner	Clearly conveys meaning with correct grammar, sentence structure, and spelling, demonstrating an understanding of audience and purpose	Shows progress toward proficiency, but with errors in grammar, sentence structure, and spelling, negatively impacting readability
Citations and Attributions	Uses citations for ideas requiring attribution, with few or no minor errors	Uses citations for ideas requiring attribution, with consistent minor errors	Uses citations for ideas requiring attribution, with major errors

## **Activity Details**

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