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Project Three Guidelines and Rubric



PSY 491 Project Three Guidelines and Rubric

Competency

In this project, you will demonstrate your mastery of the following competency:

- Apply aspects of your learning experience in psychology to develop a professional mindset

Scenario

As you contemplate the best practices for thriving in a professional environment, your attitude and disposition will play a major role with, and lead others. Soft skills are dispositional attributes that enable you to make decisions, solve problems, and sustain positive relationships. Your unique dispositional skills to develop a positive professional mindset, you enhance the possibility of career opportunities, satisfaction, and growth.

Directions

Using the learning from your Module Six Milestone assignment, you will apply aspects of emotional intelligence to specific soft skills and the dispositional attributes of your professional persona that will enable you to achieve success in the workplace.

1. Describe how dispositional attributes related to **self-awareness** influence the development of a professional mindset. Specific attributes include:
 - Honesty and integrity
 - Positive attitude
 - Self-confidence
 - Growth mindset
2. Describe the ways in which your BA Psychology program experience has helped you to develop **aspects of self-awareness** that will enable you to thrive in a rapidly changing world.
3. Describe how dispositional attributes related to **self-regulation** influence the development of a professional mindset. Specific attributes include:
 - Adaptability
 - Initiative
 - Organization
 - Self-motivation

4. Describe the ways in which your BA Psychology program experience has helped you to develop **aspects of self-regulation** that thrive in a rapidly changing world.
5. Describe how dispositional attributes related to **social awareness** influence the development of a professional mindset. Specific
 - Conflict resolution
 - Teamwork
 - Multicultural sensitivity
 - Leadership
6. Describe the ways in which your BA Psychology program experience has helped you to develop **aspects of social awareness** that thrive in a rapidly changing world.

All sources and ideas requiring attribution must be cited according to APA style.

What to Submit

To complete this project, you must submit the following:

Professional Persona

Submit your 2- to 3-page professional persona as a Word document. Sources should be cited according to APA style.

Project Three Rubric

Criteria	Exemplary (100%)	Proficient (85%)	Needs Improvement (55%)
Self-Awareness	Exceeds proficiency in an exceptionally clear, insightful, sophisticated, or creative manner	Describes how dispositional attributes related to self-awareness influence the development of a professional mindset, including descriptions of honesty and integrity, positive attitude, self-confidence, and growth mindset	Shows progress toward proficiency, but with errors or omissions; areas for improvement may include details related to how dispositional attributes relate to self-awareness influence the development of a professional mindset
Aspects of Self-Awareness	Exceeds proficiency in an exceptionally clear, insightful, sophisticated, or creative manner	Describes the ways in which the BA Psychology program experience has helped to develop aspects of self-awareness that will enable the student to adaptively manage change and thrive in a rapidly changing world	Shows progress toward proficiency, but with errors or omissions; areas for improvement may include details related to the ways in which the BA Psychology program experience has helped to develop aspects of self-awareness that will enable the student to adaptively manage change and thrive in a rapidly changing world
Self-Regulation	Exceeds proficiency in an	Describes how dispositional	Shows progress toward

	exceptionally clear, insightful, sophisticated, or creative manner	attributes related to self-regulation influence the development of a professional mindset, including descriptions of adaptability, initiative, organization, and self-motivation	proficiency, but with errors or omissions; areas for improvement may include details related to how dispositional attributes relate to self-regulation influence the development of a professional mindset
Aspects of Self-Regulation	Exceeds proficiency in an exceptionally clear, insightful, sophisticated, or creative manner	Describes the ways in which the BA Psychology program experience has helped to develop aspects of self-regulation that will enable the student to adaptively manage change and thrive in a rapidly changing world	Shows progress toward proficiency, but with errors or omissions; areas for improvement may include details related to the ways in which the BA Psychology program experience has helped to develop aspects of self-regulation that will enable the student to adaptively manage change and thrive in a rapidly changing world
Social Awareness	Exceeds proficiency in an exceptionally clear, insightful, sophisticated, or creative manner	Describes how dispositional attributes related to social awareness influence the development of a professional mindset, including descriptions of conflict resolution, teamwork, multicultural sensitivity, and leadership	Shows progress toward proficiency, but with errors or omissions; areas for improvement may include details related to how dispositional attributes relate to social awareness influence the development of a professional mindset
Aspects of Social Awareness	Exceeds proficiency in an exceptionally clear, insightful, sophisticated, or creative manner	Describes the ways in which the BA Psychology program experience has helped to develop aspects of social awareness that will enable the student to adaptively manage change and thrive in a rapidly changing world	Shows progress toward proficiency, but with errors or omissions; areas for improvement may include details related to the ways in which the BA Psychology program experience has helped to develop aspects of social awareness that will enable the student to adaptively manage change and thrive in a rapidly changing world
Articulation of Response	Exceeds proficiency in an exceptionally clear, insightful, sophisticated, or creative manner	Clearly conveys meaning with correct grammar, sentence structure, and spelling, demonstrating an understanding of audience and	Shows progress toward proficiency, but with errors in grammar, sentence structure, and spelling, negatively impacting readability

		purpose	
Citations and Attributions	Uses citations for ideas requiring attribution, with few or no minor errors	Uses citations for ideas requiring attribution, with consistent minor errors	Uses citations for ideas requiring attribution, with major errors

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