



NUR2220 Preceptorship Journal Reflection Assignment

This journal assignment is designed to help you critically reflect on your preceptorship, apply theoretical knowledge to practical experiences, and develop your professional judgment and skills in nursing practice. Each journal entry should combine description, analysis, and reflection to comprehensively view your experiences.

Instructions

Reflect on your clinical experiences in the medical-surgical nursing unit.

- Reflect on your experiences during your preceptorship rotation. For each entry, describe the situation, analyze your actions and their outcomes, and reflect on what you learned and how you could improve.
- Write a journal entry for each prompt below. Each response should be about 200-300 words.
- Ensure your journal is professionally formatted, proofread, and submitted by the due date.
- Submit your journal as a single document, each entry titled and separated.

Prompt 1: Therapeutic Communication

Objective: Utilize therapeutic communication techniques to effectively support clients and their families, addressing their concerns with empathy and professionalism.

- Describe a challenging communication event with a patient or family member.
- Analyze the verbal and non-verbal strategies you used.
- Reflect on the patient's response and discuss how effectively your approach supported the patient's emotional or psychological needs

Prompt 2: Clinical Knowledge and Application

Objective: Apply advanced knowledge of pathophysiology to prioritize and execute interventions for multiple clients, demonstrating a clear understanding of the physiological basis for each action.

- Reflect on a critical care situation involving multiple clients.
- Detail the pathophysiological considerations that guided your prioritization of care.
- Evaluate the effectiveness of the interventions you selected and identify any gaps in your knowledge that became apparent.

Prompt 3: Client Care Prioritization

Objective: Prioritize the delivery of client care by assessing the urgency and importance of various tasks and interventions, ensuring efficient and effective patient management.

- Analyze a day with high patient turnover or multiple emergencies.
- Describe how you managed your responsibilities and prioritized tasks.
- Reflect on any ethical dilemmas you faced and how you resolved them.

Prompt 4: Evaluation and Documentation

Objective: Critically evaluate and accurately document the client's treatment responses, focusing on managing side effects and adverse reactions to medications and therapies.

- Discuss a specific instance where you had to monitor a patient closely for adverse reactions to medications or treatments.
- Describe the documentation process and how it was used to adjust the care plan.
- Reflect on the importance of detailed and accurate documentation in patient care.

Prompt 5: Interprofessional Collaboration

Objective: Collaborate with interprofessional team members to provide comprehensive client care, sharing insights and integrating feedback to enhance patient outcomes.

- Provide an example of how you worked with another healthcare professional to manage a patient's care.
- Analyze the dynamics of this collaboration and reflect on how interprofessional teamwork impacted the patient outcome.

Prompt 6: Delegation and Supervision

Objective: Demonstrate understanding and application of the rights of delegation, ensuring tasks are appropriately assigned and supervised following client needs, situational demands, and team capabilities

- Reflect on an experience where you delegated tasks to other team members.
- Discuss the criteria you used to assign tasks and evaluate the effectiveness of the delegation, including any feedback you provided or received.

Prompt 7: Cultural Competence

Objective: Display cultural sensitivity and competence in all interactions with clients and their families, tailoring communication and care practices to respect diverse backgrounds and values.

- Describe an encounter with a patient whose cultural background differed significantly from yours.
- Discuss how you adapted your communication and care approaches.
- Reflect on this experience and how it has affected your approach to culturally competent care.

Prompt 8: Communication of Care Tasks

Objective: Effectively communicate tasks and critical client concerns to team members and supervisors promptly, ensuring clarity and timeliness in the delivery of care.

- Analyze a situation where effective communication was crucial to patient safety.
- Describe the specific communication techniques you used, the immediate outcomes, and how you could improve future communications.

Prompt 9: Education

Objective: Educate patients and their families about health conditions, care routines, and preventative measures, employing clear, understandable language and materials suitable for their levels of comprehension

- Detail a situation where you educated a patient or their family about a health condition or care procedures.
- Evaluate the clarity and effectiveness of your educational delivery and reflect on how you could enhance patient comprehension and engagement in the future.

Prompt 10: Confidentiality and Privacy

Objective: Maintain strict confidentiality and privacy of client information, adhering to ethical guidelines and legal requirements to protect patient rights and sensitive data.

- Reflect on a situation where maintaining patient confidentiality and privacy was challenging.
- Discuss the steps you took to secure patient information and evaluate how well you think you managed these responsibilities.

Submission

- Submit your completed reflection essay no later than 48 hours after your last Preceptorship day.
- Ensure that your responses are well-organized, clearly written, and free of grammatical errors.
- Include any references to literature or course materials in APA format.