

Forms of Resistance Grid

Organizational culture and change management are interlinked. Overcoming resistance to change is one of the most challenging parts of change management, and people often fear change, so they resist it.

This quick reference guide details the forms of resistance described on page 208 of the textbook Lewis, L. (2019). *Organizational Change; Creating Change Through Strategic Communication, 2nd Edition*. Wiley Blackwell.

