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Big Five Personality Traits

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The Big Five Personality Traits
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Understanding the Big Five traits all accurately assess a leader's personal you've read the descriptions of the f self-assessment below to see how yo dimension.

Your answers are recorded as you m assessment. If you need to pause, yc assessment and resume later right w



SELF-ASSESSMENT

Openness:

Conscientiousness:

Extraversion:

Agreeableness:

Neuroticism:

Openness:

curious, original, intellectual, creative

You scored **high** on openness (44 out of 50). You probably love to learn, are highly curious about things, and constantly ask questions. You like to shake things up and you prefer variety to routines. You're open to change. Generally optimistic about new things, you may be the first one in your social circle to try a new food or clothing trend, or you may be the first person to initiate and champion new procedures at work.

Conscientiousness:

organized, achievement-oriented, dependable

You scored **high** on conscientiousness (44 out of 50). You are most likely organized and persistent and tend to think about the future consequences of your actions. You're a rule-follower, in general, and care about appearances and cleanliness. However, you may also be prone to perfectionism and have a tendency toward being a workaholic. Other people likely perceive you as goal-oriented and reliable but also as rigid or uptight.

Extraversion:

outgoing, talkative, sociable

You scored **moderately high** on extraversion (37 out of 50). You're probably often described as outgoing and social, but you also find yourself needing time alone. You maintain a healthy balance between the

two extremes of this personality trait. You likely feel energized in groups or when giving presentations, but you may not feel the need to be the center of attention at all times. You can be assertive when you need to, but you're also quite capable of listening or holding back when appropriate.

Agreeableness:

affable, tolerant, sensitive, trusting, kind

You scored **moderately high** on agreeableness (39 out of 50). You're probably described as kind and helpful. You prefer to avoid conflict and will often dodge situations or conversations that may upset other people. However, if confronted directly, you can speak up or stand your ground, though you may try to smooth things over afterward.

Neuroticism:

anxious, irritable, temperamental, moody

You scored **low** on neuroticism (19 out of 50). You're more likely to focus on the positive things in life and take issues in stride. You not only help encourage others but can also help stabilize a group. You're able to think calmly in stressful situations and you can probably think through a problem rationally or logically before reacting.

Remember, you can refer to the previous page for more detailed information on each of the traits.

Keep in mind that high and low scores do not reflect

fixed strengths and weaknesses of your personality. Instead, they merely indicate individual preferences and tendencies that align with your personality. Knowing these preferences can help you decide what to focus on to develop effective leadership skills.



POLL QUESTION

Do your scores on the Big Five personality traits assessment surprise you?

I'm
very
surprised
by
my
results.

I'm
a
little
surprised,
but
the
results
are
mostly
correct.

I'm
not
surprised;
my
results
are
exactly
what
I
expected.

I
didn't
have
an
idea
of
what
to
expect.

Save

Take a moment to consider the ways you found your personality trait assessment scores to be either surprising or expected. Note any specific observations you can make, and keep them in mind as you answer the next question.



RESPONSE BOARD

What did you learn about yourself from this self-assessment?

Share your thoughts with your peers...

No response saved yet.

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As you complete your assignments for this module, remember that you can find the guide for citing the webtext on the [College Reading](#) page. Continue on to the next page to review the highlights of this chapter and access the additional reading.

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