**My Ashford University Course Playbook**

**Purpose:** Throughout your first five courses at Ashford University, use this document to capture strategies, resources, and reflections on your progress that can be referenced throughout all of your Ashford University courses. Keep this playbook saved in an easy to find location on your computer and continue to build on it as you complete your courses. You will be asked to submit your playbook in the final week of each of the first five courses, adding to it as you go.

**EXP 105: Personal Dimensions of Education**

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| **My LCI Scores:***These scores will help you throughout your time at Ashford to use strategies for learning and interaction that work best for you.* |
| **Strategies I will use to maximize my learning and my work with others:***These strategies can be used to enhance and support your learning in all Ashford courses.* |
| **Resources I can access to support me:***These resources will be helpful to support your learning strategies throughout your time at Ashford.* |
| **My reflection on my progress in this course:** *Throughout your time at Ashford, reflect on the personal, professional, and academic growth you have seen within yourself throughout each course.*  |

**PSY 202: Adult Development and Life Assessment**

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| **My goals are:***You will return to these goals throughout your time at Ashford, though they may change and evolve.* |
| **My plan to achieve my goals entails:***You will be asked to reflect on your plan for achieving goals throughout your time at Ashford.* |
| **Resources I can access to help me achieve my goals:***These resources will support you in achieving your goals throughout your time at Ashford.* |
| **My reflection on my progress in this course:***Throughout your time at Ashford, reflect on the personal, professional, and academic growth you have seen within yourself throughout each course.*  |

**ENG 121: English Composition I**

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| **Strategies to help me with college-level reading are:***These strategies will help you as you continue to improve your college-level reading throughout your time at Ashford.* |
| **Techniques to use for developing my ideas for writing are:***These techniques will be useful in every course when planning to write a paper.* |
| **Three things I will focus on improving in my writing are:***Return to these areas of focus as you complete college-level writing, though they may change and evolve as you grow and develop as a writer.* |
| **Resources I can access to help me improve in these areas are:***These resources will support your writing throughout your time at Ashford.* |
| **My reflection on my progress in this course:***Throughout your time at Ashford, reflect on the personal, professional, and academic growth you have seen within yourself throughout each course.*  |

**GEN 103: Information Literacy**

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| **A method for reviewing and evaluating sources is:***This method will be helpful in every course to ensure you are using sound resources.* |
| **I will use the Ashford University Library for:***The Ashford University Library will be used in every Ashford course.* |
| **I will use the Ashford Writing Center for:***The Ashford Writing Center will be used in every Ashford course.* |
| **Resources I can access to help me in my research and use of information are:****Resources I can access to help me format my papers in APA format are:***These resources will support your research and formatting throughout your time at Ashford.* |
| **Common APA citations that I will help me in the future are:** Textbook:Scholarly Article:eBook:Popular news article:Video:Website:*These common APA citations will be used in every course at Ashford.* |
| **My reflection on my progress in this course:** *Throughout your time at Ashford, reflect on the personal, professional, and academic growth you have seen within yourself throughout each course.*  |

**ENG 122: Composition II**

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| **Tips for writing a thesis statement are:***These tips will be useful for writing a thesis throughout your Ashford courses.* |
| **Tips for paraphrasing and quoting are:**Example of paraphrased text w/citation:Example of direct quote of text w/citation:*These tips will be useful for quoting and paraphrasing throughout your Ashford courses.* |
| **Three things I will focus on improving in my writing are:***You will return to these areas of focus, though they may change and evolve as you grow and develop as a writer. Consider how these may have changed since ENG 121.* |
| **Strategies I will use to improve in these areas are:***These strategies will be useful throughout your Ashford courses as you improve your writing.* |
| **Resources I can access to help me improve in these areas are:***You will use these resources to support your research and formatting throughout your time at Ashford.* |
| **My reflection on my progress in this course:** *Throughout your time at Ashford, reflect on the personal, professional, and academic growth you have seen within yourself throughout each course.*  |