**Children’s Functional Health Pattern Assessment**

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| **Functional Health Pattern Assessment (FHP)** | **Toddler**  Erickson’s Developmental Stage: | **Preschool-Aged**  Erickson’s Developmental Stage: | **School-Aged**  Erickson’s Developmental Stage: |
| Pattern of Health Perception and Health Management:  List two normal assessment findings that would be characteristic for each age group.  List two potential problems that a nurse may discover in an assessment of each age group. |  |  |  |
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| Nutritional-Metabolic Pattern:  List two normal assessment findings that would be characteristic for each age group.  List two potential problems that a nurse may discover in an assessment of each age group. |  |  |  |
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| Pattern of Elimination:  List two normal assessment findings that would be characteristic for each age group.  List two potential problems that a nurse may discover in an assessment of each age group. |  |  |  |
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| Pattern of Activity and Exercise:  List two normal assessment findings that would be characteristic for each age group.  List two potential problems that a nurse may discover in an assessment of each age group. |  |  |  |
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| Cognitive/Perceptual Pattern:  List two normal assessment findings that would be characteristic for each age group.  List two potential problems that a nurse may discover in an assessment of each age group. |  |  |  |
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| Pattern of Sleep and Rest:  List two normal assessment findings that would be characteristic for each age group.  List two potential problems that a nurse may discover in an assessment of each age group. |  |  |  |
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| Pattern of Self-Perception and Self-Concept:  List two normal assessment findings that would be characteristic for each age group.  List two potential problems that a nurse may discover in an assessment of each age group. |  |  |  |
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| Role-Relationship Pattern:  List two normal assessment findings that would be characteristic for each age group.  List 2 potential problems that a nurse may discover in an assessment of each age group. |  |  |  |
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| Sexuality – Reproductive Pattern:  List two normal assessment findings that would be characteristic for each age group.  List two potential problems that a nurse may discover in an assessment of each age group. |  |  |  |
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| Pattern of Coping and Stress Tolerance:  List two normal assessment findings that would be characteristic for each age group.  List wo potential problems that a nurse may discover in an assessment of each age group. |  |  |  |
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| Pattern of Value and Beliefs:  List two normal assessment findings that would be characteristic for each age group.  List two potential problems that a nurse may discover in an assessment of each age group. |  |  |  |
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**Short Answer Questions**

Address the following based on the above assessment findings. Expected answers will be 1-2 paragraphs in length. Cite and reference outside sources used.

1. Compare and contrast identified similarities as well as differences in expected assessment across the childhood age groups.
2. Summarize how a nurse would handle physical assessments, examinations, education, and communication differently with children versus adults. Consider spirituality and cultural differences in your answer.