**Insight 10**

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DR.Herling

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AB-UA= 1.16 PB-QB= 2.28

AB-QA=2.25 A-OS=2

NH-NF=7

EM=7

I can say that my all scores are close enough to the 291 students who had these question. Cheating is a huge problem in schools and universities all over the world. In fact, I did not understand the first insight and its question. As well as approve and disapprove, so I will jump over to the second insight. Own up to your mistakes is smoothing great and make the people around you fell that you are man to admit your mistakes and apologize for it. Also, I am the kind of person who facing a hard time forgiving people for what they did to me. It is just hard to forget or forgive. Even though they did something not that bad to me, but still it is hard to forget about. Simultaneously, it is hard though to forgive myself as well. When I do something wrong or hurt people, I think about it a lot and never leave my mind. However, people should take time before making any decision and think about it before establishing the decision. Adding to that, we have a quote back home that says” The men has only one word”. To illustrate, the men must keep his word and does not change it unless ask the person who gave him his word to excuse him. Moreover, when I messed up something I did not blame other people to run away from the problem at all, I stand up and say that I am fully responsible about it.