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## **Family Analysis Project**

**Submit by 2359 Saturday of Module 5.**

*NOTE: You will create and upload an original Word file for this assignment instead of typing directly into this document.*

### **Overview**

Select one (1) family based on personal/professional acquaintance, to complete a comprehensive, written assessment/analysis using the criteria listed below (based on class notes and readings). DO NOT use your family of orientation (family of origin) or your nuclear (conjugal) family. (For definitions, see the Glossary of Terms in Friedman et al, *Family Nursing* textbook.

### **Objectives**

- Examine the impact of functional patterns and role structure on the family.
- Examine family relationships and communication patterns.
- Identify influences on family health promotion.

**Grading Rubric**

Family Analysis Project	Target 60 points max	Acceptable At least 42 points	Unacceptable Less than 42 points
<b>Introduction</b> (5 points)	Introduction is present and forecasts content of the paper. (4-5 points)	Introduction is present and forecasts the content of the paper. (3-4 points)	Introduction is present. (0-1 point)
<b>Description of Nuclear Family or Variant Family Form</b> (8 points)	Comprehensive description of nuclear family or variant family form; demographic trends (composition, form, ages, educational level); developmental stage (7-8 points)	Adequate description of nuclear family or variant family form; demographic trends (composition, form, ages, educational level); developmental stage (4-6 points)	Minimal description of nuclear family or variant family form; demographic trends (composition, form, ages, educational level); developmental stage. Some elements may be missing. (0-3 point)
<b>Sociocultural Data: Cultural/Ethnic Assessment; Social Class Status</b> (5 points)	Comprehensive description of the sociocultural data, including an assessment of cultural/ethnic and social class status (4-5 points)	Adequate description of the sociocultural data, including an assessment of cultural ethnic and social class status (2-3 points)	Minimal description of the sociocultural data, including an assessment of cultural ethnic and social class status (0-1 point)
<b>Genogram &amp; Ecomap</b> (14 points)	Genogram represents a minimum of 2 generations; Uses correct symbols to demonstrate relationships; Includes symbol legend Ecomap identifies family relationships inside the middle circle; Uses external circles to include representation from multiple formal and informal support systems; Identifies the nature of relationships between family members and support systems; Includes legend (12-14 points)	Genogram represents only 1 generation; Uses mostly correct symbols to demonstrate relationships; Includes symbol legend Ecomap identifies family relationships inside the middle circle; Uses external circles to include representation from some formal and informal support systems; Identifies the nature of some of the relationships between family members and support systems; Includes legend (7-11 points)	Genogram is incomplete; Uses some correct symbols to demonstrate relationships; Includes symbol legend Ecomap identifies some family relationships inside the middle circle; Uses external circles to include some representation from formal and informal support systems; Identifies the nature of a few of the relationships between family members and support systems; Includes legend. (0-6 points)

## N3352 Legacy of the Family

<b>Environment: Physical Setting (Home, Neighborhood, Community)</b> (5 points)	Clearly depicts the physical environment, including the home, neighborhood, and community. (4-5 points)	Depicts some of the physical environment, including the home, neighborhood, and community. (2-3 point)	Depicts some of the physical environment, including the home, neighborhood, and community. (0-1 point)
<b>Communication</b> (5 points)	Carefully describes the quality and methods of communication within the family (4-5 points)	Generally describes some of the quality and/or methods of communication with the family (2-3 point)	Inadequately describes some of the quality or methods of communication with the family (0-1 points)
<b>Power Structure: Hierarchy; Power Bases; Coalitions</b> (5 points)	Clearly explains the power structure within the family, including the power hierarchy, power bases, and coalitions (4-5 points)	Adequately explains the power structure within the family, including the power hierarchy, power bases, and coalitions (2-3 point)	Inadequately explains the power structure within the family, including the power hierarchy, power bases, and coalitions (0-1 points)
<b>Role Structure: Relationships (Formal &amp; Informal)</b> (5 points)	Clearly describes the roles within the family and how they relate to one another, both formally and informally 4-5 (2 points)	Adequately describes the roles within the family and how they relate to one another, both formally and informally (2-3 point)	Inadequately describes the roles within the family and/or how they relate to one another (0-1 points)
<b>Values: Norms &amp; Rules</b> (5 points)	Thoroughly explains the values of the family as demonstrated through its norms and rules (4-5 points)	Adequately explains the values of the family as demonstrated through its norms and rules (2-3 point)	Inadequately explains the values of the family as demonstrated through its norms and rules (0-1 points)
<b>Spiritual Activities</b> (5 points)	Thoroughly explains the spiritual activities of the family and their role in their lives (4-5 points)	Adequately explains the spiritual activities of the family and their role in their lives (2-3 point)	Inadequately explains the spiritual activities of the family and their role in their lives (0-1 points)
<b>Socialization: Child Rearing Practices; Intra-family Support/Social Network; Recreational/Leisure Activities</b> (5 points)	Carefully explains each aspect of socialization in the family unit as outlined to the left. (4-5 points)	Explains some aspects of socialization in the family unit as outlined to the Left. (2-3. Points)	Fails to explain some aspects of socialization in the family unit as outlined to the left. (0-1 points)

<p><b>Adaptation: Role Conflicts/ Overload/ Changes; Coping Strategies (Functional &amp; Dysfunctional); Problem-Solving Skills</b> (4 points)</p>	<p>Effectively explains the adaptability of the family through its role conflicts, handling of overload/changes, coping strategies, both functional &amp; dysfunctional, and problem-solving skills (3-4 points)</p>	<p>Attempts to explain the adaptability of the family through some of the following: handling of role conflicts, handling of overload/changes, coping strategies, both functional &amp; dysfunctional, and problem-solving skills (1-2 point)</p>	<p>No attempt to explain the adaptability of the family through some of the following: handling of role conflicts, handling of overload/changes, coping strategies, both functional &amp; dysfunctional, and problem-solving skills (0-1 points)</p>
<p><b>Health Care:</b> <i>a. Beliefs Regarding Health/ Illness</i> <i>b. Practices Including Promotion/ Prevention Efforts</i> 5 points)</p>	<p>Comprehensively covers the healthcare beliefs regarding health and illness, as well as practices to promote health and prevent illness. (4-5 points)</p>	<p>Adequately covers the healthcare beliefs regarding health and illness, as well as practices to promote health and prevent illness. (2-3 points)</p>	<p>Minimally covers some of the healthcare beliefs regarding health and illness, as well as practices to promote health and prevent illness. (0-1 points)</p>
<p><b>Interventions:</b> <i>a. Recommendations for Strengthening /Maintaining the Family's Health</i> <i>b. Discuss Interventions Based on at Least One Theoretical Framework</i> 1) <i>Health Belief Model (textbook, pp. 431-432) or</i> 2) <i>Health Promotion Model (pp. 432-434)</i> (14 points)</p>	<p>Completely outlines recommendations for strengthening/maintaining the family's health and discusses interventions based on at least one theoretical framework from the Health Belief Model mentioned in the textbook (pp. 431-432) or from the Health Promotion Model (pp. 432-434) (12-14 points)</p>	<p>Outlines recommendations for strengthening/maintain the family's health and discusses interventions based on at least one theoretical framework from the Health Belief Model mentioned in the textbook (pp. 431-432) or from the Health Promotion Model (pp. 432-434) (9-11 points)</p>	<p>Offers a few recommendations for strengthening/ maintaining the family's health and discusses a few interventions. (0-8 points)</p>
<p><b>Summary/Conclusion</b> (5 points)</p>	<p>Includes summary and conclusion (4-5 points)</p>	<p>Includes summary and conclusion (2-3 points)</p>	<p>Missing summary and/or conclusion (0-1 points)</p>
<p><b>Format, Length, and Quality of Writing</b> (5 points)</p>	<p>Accurately follows APA format, is within the required length, and is free of errors. (4-5 points)</p>	<p>Mostly follows APA format, is within the required length, and has few errors. (2-3 points)</p>	<p>Loosely follows APA format, is within the required length, and contains many errors. (0-1 point)</p>

**Instructions**

Once you have selected the family to study, begin your analysis. Use the Rubric on the previous pages to guide your work.

**CONFIDENTIALITY ALERT!**

***DO NOT USE LAST NAMES FOR FAMILIES THAT ARE PERSONAL OR PROFESSIONAL ACQUAINTANCES. USE INITIALS or FIRST NAMES ONLY.***

Address each criterion listed in the Rubric in sufficient depth to reflect the data you obtained, your analysis of the data, and your recommendations for interventions. Be sure to ***include specific examples*** to validate your analysis. You must use references (textbook, class notes, others), and these must be cited throughout your paper.

Submit your analysis in formal writing, typed using APA format. **The limit is six (6) content pages.** Once your paper is complete, you will follow the on-screen instructions to upload the document into the system.



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