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## **Family Analysis Project**

**Submit by 2359 Saturday of Module 5.**

*NOTE: You will create and upload an original Word file for this assignment instead of typing directly into this document.*

### **Overview**

Select one (1) family based on personal/professional acquaintance, to complete a comprehensive, written assessment/analysis using the criteria listed below (based on class notes and readings). **DO NOT** use your family of orientation (family of origin) or your nuclear (conjugal) family. (For definitions, see the Glossary of Terms in Friedman et al, *Family Nursing* textbook.

### **Objectives**

- Examine the impact of functional patterns and role structure on the family.
- Examine family relationships and communication patterns.
- Identify influences on family health promotion.

**Grading Rubric**

Family Analysis Project	Target 60 points max	Acceptable At least 42 points	Unacceptable Less than 42 points
<b>Introduction</b> (5 points)	Introduction is present and forecasts content of the paper. (4-5 points)	Introduction is present and forecasts the content of the paper. (3-4 points)	Introduction is present. (0-1 point)
<b>Description of Nuclear Family or Variant Family Form</b> (8 points)	Comprehensive description of nuclear family or variant family form; demographic trends (composition, form, ages, educational level); developmental stage (7-8 points)	Adequate description of nuclear family or variant family form; demographic trends (composition, form, ages, educational level); developmental stage (4-6 points)	Minimal description of nuclear family or variant family form; demographic trends (composition, form, ages, educational level); developmental stage. Some elements may be missing. (0-3 point)
<b>Sociocultural Data: Cultural/Ethnic Assessment; Social Class Status</b> (5 points)	Comprehensive description of the sociocultural data, including an assessment of cultural/ethnic and social class status (4-5 points)	Adequate description of the sociocultural data, including an assessment of cultural ethnic and social class status (2-3 points)	Minimal description of the sociocultural data, including an assessment of cultural ethnic and social class status (0-1 point)
<b>Genogram &amp; Ecomap</b> (14 points)	Genogram represents a minimum of 2 generations; Uses correct symbols to demonstrate relationships; Includes symbol legend Ecomap identifies family relationships inside the middle circle; Uses external circles to include representation from multiple formal and informal support systems; Identifies the nature of relationships between family members and support systems; Includes legend (12-14 points)	Genogram represents only 1 generation; Uses mostly correct symbols to demonstrate relationships; Includes symbol legend Ecomap identifies family relationships inside the middle circle; Uses external circles to include representation from some formal and informal support systems; Identifies the nature of some of the relationships between family members and support systems; Includes legend (7-11 points)	Genogram is incomplete; Uses some correct symbols to demonstrate relationships; Includes symbol legend Ecomap identifies some family relationships inside the middle circle; Uses external circles to include some representation from formal and informal support systems; Identifies the nature of a few of the relationships between family members and support systems; Includes legend. (0-6 points)

**N3352 Legacy of the Family**

<p><b>Environment: Physical Setting (Home, Neighborhood, Community)</b> (5 points)</p>	<p>Clearly depicts the physical environment, including the home, neighborhood, and community. (4-5 points)</p>	<p>Depicts some of the physical environment, including the home, neighborhood, and community. (2-3 point)</p>	<p>Depicts some of the physical environment, including the home, neighborhood, and community. (0-1 point)</p>
<p><b>Communication</b> (5 points)</p>	<p>Carefully describes the quality and methods of communication within the family (4-5 points)</p>	<p>Generally describes some of the quality and/or methods of communication with the family (2-3 point)</p>	<p>Inadequately describes some of the quality or methods of communication with the family (0-1 points)</p>
<p><b>Power Structure: Hierarchy; Power Bases; Coalitions</b> (5 points)</p>	<p>Clearly explains the power structure within the family, including the power hierarchy, power bases, and coalitions (4-5 points)</p>	<p>Adequately explains the power structure within the family, including the power hierarchy, power bases, and coalitions (2-3 point)</p>	<p>Inadequately explains the power structure within the family, including the power hierarchy, power bases, and coalitions (0-1 points)</p>
<p><b>Role Structure: Relationships (Formal &amp; Informal)</b> (5 points)</p>	<p>Clearly describes the roles within the family and how they relate to one another, both formally and informally 4-5 (2 points)</p>	<p>Adequately describes the roles within the family and how they relate to one another, both formally and informally (2-3 point)</p>	<p>Inadequately describes the roles within the family and/or how they relate to one another (0-1 points)</p>
<p><b>Values: Norms &amp; Rules</b> (5 points)</p>	<p>Thoroughly explains the values of the family as demonstrated through its norms and rules (4-5 points)</p>	<p>Adequately explains the values of the family as demonstrated through its norms and rules (2-3 point)</p>	<p>Inadequately explains the values of the family as demonstrated through its norms and rules (0-1 points)</p>
<p><b>Spiritual Activities</b> (5 points)</p>	<p>Thoroughly explains the spiritual activities of the family and their role in their lives (4-5 points)</p>	<p>Adequately explains the spiritual activities of the family and their role in their lives (2-3 point)</p>	<p>Inadequately explains the spiritual activities of the family and their role in their lives (0-1 points)</p>
<p><b>Socialization: Child Rearing Practices; Intra-family Support/Social Network; Recreational/Leisure Activities</b> (5 points)</p>	<p>Carefully explains each aspect of socialization in the family unit as outlined to the left. (4-5 points)</p>	<p>Explains some aspects of socialization in the family unit as outlined to the Left. (2-3. Points)</p>	<p>Fails to explain some aspects of socialization in the family unit as outlined to the left. (0-1 points)</p>

<p><b>Adaptation: Role Conflicts/ Overload/ Changes; Coping Strategies (Functional &amp; Dysfunctional); Problem-Solving Skills</b> (4 points)</p>	<p>Effectively explains the adaptability of the family through its role conflicts, handling of overload/changes, coping strategies, both functional &amp; dysfunctional, and problem-solving skills (3-4 points)</p>	<p>Attempts to explain the adaptability of the family through some of the following: handling of role conflicts, handling of overload/changes, coping strategies, both functional &amp; dysfunctional, and problem-solving skills (1-2 point)</p>	<p>No attempt to explain the adaptability of the family through some of the following: handling of role conflicts, handling of overload/changes, coping strategies, both functional &amp; dysfunctional, and problem-solving skills (0-1 points)</p>
<p><b>Health Care:</b> <b>a. Beliefs Regarding Health/ Illness</b> <b>b. Practices Including Promotion/ Prevention Efforts</b> (5 points)</p>	<p>Comprehensively covers the healthcare beliefs regarding health and illness, as well as practices to promote health and prevent illness. (4-5 points)</p>	<p>Adequately covers the healthcare beliefs regarding health and illness, as well as practices to promote health and prevent illness. (2-3 points)</p>	<p>Minimally covers some of the healthcare beliefs regarding health and illness, as well as practices to promote health and prevent illness. (0-1 points)</p>
<p><b>Interventions:</b> <b>a. Recommendations for Strengthening /Maintaining the Family's Health</b> <b>b. Discuss Interventions Based on at Least One Theoretical Framework</b> <b>1) Health Belief Model (textbook, pp. 431-432) or</b> <b>2) Health Promotion Model (pp. 432-434)</b> (14 points)</p>	<p>Completely outlines recommendations for strengthening/maintaining the family's health and discusses interventions based on at least one theoretical framework from the Health Belief Model mentioned in the textbook (pp. 431-432) or from the Health Promotion Model (pp. 432-434) (12-14 points)</p>	<p>Outlines recommendations for strengthening/maintain the family's health and discusses interventions based on at least one theoretical framework from the Health Belief Model mentioned in the textbook (pp. 431-432) or from the Health Promotion Model (pp. 432-434) (9-11 points)</p>	<p>Offers a few recommendations for strengthening/ maintaining the family's health and discusses a few interventions. (0-8 points)</p>
<p><b>Summary/Conclusion</b> (5 points)</p>	<p>Includes summary and conclusion (4-5 points)</p>	<p>Includes summary and conclusion (2-3 points)</p>	<p>Missing summary and/or conclusion (0-1 points)</p>
<p><b>Format, Length, and Quality of Writing</b> (5 points)</p>	<p>Accurately follows APA format, is within the required length, and is free of errors. (4-5 points)</p>	<p>Mostly follows APA format, is within the required length, and has few errors. (2-3 points)</p>	<p>Loosely follows APA format, is within the required length, and contains many errors. (0-1 point)</p>

## **Instructions**

Once you have selected the family to study, begin your analysis. Use the Rubric on the previous pages to guide your work.

### **CONFIDENTIALITY ALERT!**

***DO NOT USE LAST NAMES FOR FAMILIES THAT ARE PERSONAL OR PROFESSIONAL ACQUAINTANCES. USE INITIALS or FIRST NAMES ONLY.***

Address each criterion listed in the Rubric in sufficient depth to reflect the data you obtained, your analysis of the data, and your recommendations for interventions. Be sure to ***include specific examples*** to validate your analysis. You must use references (textbook, class notes, others), and these must be cited throughout your paper.

Submit your analysis in formal writing, typed using APA format. **The limit is six (6) content pages.** Once your paper is complete, you will follow the on-screen instructions to upload the document into the system.



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