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## Usability Testing Demystified

by [Dana Chisnell](#) · October 06, 2009

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There seems to be this idea going around that usability testing is bad, or that they do it. That it's old skool. That designers don't need to do it. What if I told you that testing is the hottest thing in experience design research? Every time a person has an experience with a website, a web app, a gadget, or a service, it's because a designer made excellent decisions about both design and implementation—decisions based on how people use designs. And how can you get that data? Usability testing.

Jared Spool will tell you for free that when his company researched the designs, they found that lack of information was the root of all bad design. The point of user research is to make good, solid, confident decisions. Why usability testing as opposed to using other methods? I contend that the value of testing comes from the magic of observing and listening as people use designs. The things you see and the things you hear are often surprising.



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When I say “usability test,” you may imagine something that looks like an experiment: The “Subject” is in one room, with a stack of task cards and a researcher in another room who has biometric sensors attached. The “Researcher” is in another room, monitoring the subject’s heart rate and breathing, and giving data and giving instruction over an intercom as the voice of god.

That image of a usability test is what I’d call “formal usability testing,” and is probably summative ([http://en.wikipedia.org/wiki/Summative\\_assessment](http://en.wikipedia.org/wiki/Summative_assessment)) and valuable way to verify whether the design does what you want it to do and works the way you want it to work.

This is often the kind of test done toward the end of a design cycle. What I’m interested in, and I think most of you are interested in—is how to explore and evaluate in the early stages of a design.

## THE CLASSIC PROCESS

The process that Jeff Rubin and I present in the *Handbook of Usability Testing* could be used for a formal usability test, but it could also be used for less formal tests that help you explore ideas and form concepts and designs. The steps are basically the same for all kinds of test:

- Develop a test plan
- Choose a testing environment
- Find and select participants
- Prepare test materials
- Conduct the sessions
- Debrief with participants and observers
- Analyze data and observations
- Create findings and recommendations

Let’s walk through each of these steps.

### DEVELOP A TEST PLAN

methods and measures you'll use to learn the answers to your research question. It's possible to complete this discussion in under an hour. Write everything down and have one person from the team to moderate the test sessions.

## **CHOOSE A TESTING ENVIRONMENT**

Will you use a lab? If not, what's the setup? Will you record the sessions? Again, these are the kinds of things you'll need to decide together. It's good to include these logistics in the test plan.

## **FIND AND SELECT PARTICIPANTS**

Focusing on the behavior you're interested in observing is easier than trying to select participants based on their age, gender, or other demographic information. If you're testing a web conferencing service, you want people who hold remote meetings. If you're testing a hotel reservation process on a website, you want people who do their own bookings. If you want to test a kiosk for checking people in at a library, you want people who are attending library education programs, you want people who are attending those programs. Make sure the participants are the right ones for the test, and not just anyone who volunteers. Make recruiting harder than it has to be.

## **PREPARE TEST MATERIALS**

You're going to want some kind of guide or checklist to make sure that the moderator asks all of the research questions. This doesn't mean asking the research questions of the participants; it means translating the research questions into task scenarios that reflect realistic user goals.

In the test materials, include any specific interview questions you might want to ask, as well as follow-up questions, as well as closing, debriefing questions that you want to ask the participant.

## **CONDUCT THE SESSIONS**

The moderator is the master of ceremonies during each session. This person sees to the safety and comfort of the participants, manages the team members observing, and handles the data collected.

Though only one person from the team moderates, as many people from the team as possible should observe usability test sessions. If you're going to do multiple individual sessions, each team member should watch at least two sessions.

## **DEBRIEF WITH PARTICIPANTS AND OBSERVERS**

At the end of each session, be sure to take a step back with the participant and ask them what they thought of the process and the results.

## ANALYZE DATA AND WRITE UP FINDINGS

What you know at the end of a usability test is what you observed: What your test participants said and did, and what you heard. When you look at those observations together, the weight of evidence helps you figure out why particular things happened. From that examination, you can develop theories about the causes of frustrations and problems. After you generate these theories, team members can use their expertise to determine how to fix design problems. Then, you can implement those changes and test your theories in another usability test.

## WHAT YOU GET

If you follow this process in a linear way, you'll end up with thorough planning, lots of data, rigorous analysis, and—finally—results. (As well as a lot of documentation.) That's a lot of work, and it can feel like a big deal, and sometimes it should be.

But most real-world usability tests need to be lighter and faster. Some of the best teams do only a few hours of testing every month or so, and they may not even think of it as “usability testing.” They’re “getting input” or “gathering feedback.”

Whatever. As long as it involves observing real people using your design, it's usability testing.

## Someone, something, someplace

Really, all you need for a usability test is **someone who is a user of your design** (not like a user), **something to test** (a design in any state of completion), and **someplace where the user and the design can meet and you can observe**. Someplace can be a lab or a real-world location, depending on the state of the design. You can do all that fancy lab stuff, but you don't have to.

Once you get into a rhythm of doing user research and usability testing, you'll learn what works best for your team and boil the process down to a few steps that work for you. When we get down to the nitty-gritty of the steps in the usability testing process, this is what it tends to look like:

## DEVELOP A TEST PLAN

In the classic process, a usability test plan can be several pages long. Teams in the field who are testing all the time can work with a minimalist structure with one or two lines of text for each step in the plan.

## FIND PARTICIPANTS

As in this minimalist plan, The last step in this article is for the researcher to find participants for the test.

- Learn and be flexible
- Remember they're human
- Compensate lavishly

## CONDUCT THE SESSIONS

If you're the moderator, do your best to be impartial and unbiased. Just be present and let the conversation happen. Even the designer can be the moderator so you can step back and see the whole picture in an objective exercise.

Remember that this is not about teaching the participant how to use the interface. It's about observing them doing a task that realistically represents a user goal and let the rest happen. Just listen and write down what they say. If they say something that sounds like they're confused or stuck, ask if the task is something people are doing in real life and they're having trouble in that context. (You can also show them the correct way to do the task with the current design after you've collected enough data.)

As the session goes on, ask open-ended questions: Why? How? What?

### Debrief with observers and come to consensus about design direction

Talk. Brainstorm. Agree. Unless the design was perfect going into the usability test (which is a rare thing) and even if the team has only done one or two sessions, use the observations and theories made to come up with theories about why things happened for participants the way they did. Make some changes and start the cycle again.

### Where do great experience designs come from? Observing users

Getting input from users is great; knowing their requirements is important. Feedback from user support centers and people doing support is also helpful in creating and improving designs. (This is what your team might call it—usability testing, design testing, getting feedback—the name doesn't matter.) Input for informed design decisions is data about the **behavior and performance** of users using a design to reach their own goals.

Teams that have lots of data make better design decisions. Nine times out of ten, that data comes from some kind of usability testing.

## About the Author



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Dana has helped hundreds of people make better design decisions skills to gain knowledge about users. She's the co-author, with Jeff Handbook of Usability Testing, Second Edition (Wiley, 2008).



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