In a 1-2 page paper, write measurable goals and objectives for the following provided scenarios:

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| **Example:** Joey is a 10-year-old boy with physical outbursts.  *Measurable goals:*   * Will implement 2 -3 coping strategies when feeling angry * Will have 2 or less explosive outbursts within the next 30 days with 0 incidences of destruction of property. |

* Gerry is a 15-year-old boy who is skipping some of his classes and receiving failing grades.
* Marisol is a 33-year-old female who experiences 2-3 panic attacks a week with physical symptoms include vomiting, dizziness, numbness and tingling in her extremities.
* Roger is a 41-year-old male who is unemployed and needs food and financial assistance for his family.
* Laura is a 78-year-old female with hypertension. She falls frequently and struggles with mobility.