Section I. Influences on My Moral and Ethical Development

1. Developmental of right and wrong
2. Things and people in my life that influence the person I grew to become
	1. Family
	2. Religion
	3. Spiritual backgrounds
3. Professional verse personal; do they equal out?
	1. Contact and Participation
	2. Do I hold my ethical thinking in my professional life and same in the personal light?

B. Experiences and People who influenced my moral and ethical development

1. Power of empathy and altruistic pleasure

2. Predisposition for justice and caring as a young child to help people around me

C. My idea of right and wrong

1. The idea of maintenance: the degree in which people hold onto the values and traditions of their culture or origin.

2. The adaptation of the APA ethical standards as a means for valuing others rights.

Section II. Experiences that Contributed to My Personal and Professional Development

1. Aspects of my personality and work ethic are most compatible with the counseling field

 1. The ability to be people driven first. Use my skills of empathy and viewing the world as others see it in my work setting to understand clients in a better light

 2. The ability to feel compassion for others, to let them know even though I may not be in the same boat as them. I ability to feel responsibly for there well being and ability to change lives

B. Decision Making

1. Basic values like honesty, respect and fairness in a counseling session gives people around me the feeling to be open and safe when discussing issues.

2. Know when to come from an ethics of justice or operating from a position of caring.

Section III. Legal and Ethical Issues in Counseling as they Relate to My Ethical Autobiography

\*APA should be present in this section to support the information you provide about the main ideas

1. Confidentiality
2. What and how much to share with others
3. The ability to hurt or harm a client in the process of trying to help them
4. Standard of Practice (SP-15)
	1. requires a clients consent to disclose information but does not have to be written
5. Standard B4.e. requires counselors to obtain written permission from clients to disclose or transfer records to legitimate third parties unless exceptions to confidentiality exis
6. Record Keeping
7. Record keeping helps counselors to refresh their memory prior to their sessions
8. ethical challenges or dilemmas related to record keeping and reporting in which records are subpoenaed by a judge or any legal representative requests records of a client State or region laws or statutes that might apply to this ethical challenge
9. R Standard B.4.c addresses the issue of informed consent

Section IV. Reflection

1. Meaningfulness of the Assignment
	1. This assignment gives me the opportunity to view growth. To see where my understanding for laws and ethical understand meet to protect client and myself
	2. This paper allows to see how personal values and life experiences intercept to positively impact my counseling journey
2. Assignment Contributes to Professional Development
	1. The ability to think about, use, and integrate what I learned about myself and the experiences of others.
	2. Closer understanding of how ethics and law form to help counselings in the best possible way.
3. Corresponding supporting point Ways Ethical and Legal Practice Influences Social Change
	1. Corresponding supporting point
	2. Corresponding supporting point
4. Values Reexamined in Course
	1. My views on how I carry myself in my personal life, and bias I may have (personal)
	2. My ability to establish the differences between what is ethically right and wrong in a counseling setting (ethical)
	3. How my worldview and values shape how I feel about people different than myself (social-political values)

References

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