Chapter 1 Journal

| <u>Mom</u> | <u>Brother</u> |
|---------------------|---|
| Uniqueness 3 | Uniqueness 3 |
| Replicability 5 | Replicability 5 |
| Dependence 5 | Dependence 3 |
| Disclosure 2 | Disclosure 3 |
| Intrinsic Rewards 5 | Intrinsic Rewards 3 |
| <u>Dad</u> | Close Friend) |
| Uniqueness 3 | Uniqueness 5 |
| Replicability 5 | Replicability 5 |
| Dependence 5 | Dependence 2 |
| Disclosure 1 | Disclosure 4 |
| Intrinsic Rewards 5 | Intrinsic Rewards 5 |
| | How satisfied are you with the answers you found? |

I honestly do not know if I should be satisfied with the answers I have found through the scaling. I think that this helps me understand more of why I am close to them and what characteristics or what they bring into my life, which makes me, tend to be closer to them. I feel like this exercise just helped me understand the types of relationships I have and allowed me to understand why I am close to them.

The first relationship I have is the one with my mother. This is a relationship between a mother and her child which is why it is pretty difficult to explain. Since she is my mother there is no doubt that I would grow up to be close to her and form a close relationship with her. The reliability and dependence go hand in hand obviously because he is my mother and I was dependent of her throughout my entire life. I also feel the same with reliability because you only have one mom and without her everything would be different. For everything else such as uniqueness, disclosure, and intrinsic rewards they vary because I am an introverted person so I

rarely talk even to my parents when I feel like being alone. The relationship can vary from time to time depending on my mood and how I'm feeling.

The Second Relationship I have is my Dad. The results are pretty much the same as the results I got from my mom however the disclosure is a little lower because ever since I was younger my brother and I really never talked to our dad because he was always working and was too tried when he got home to play with us. My brother and I didn't really start talking to him until we were in middle school and high school and even those conversations were very short and simple. Overall my dad's relationship with me is exactly the same as my mother's however the communication or disclosure is a bit lower.

The Third relationship I have is with my brother. My brother and I have always been pretty close since we had no else besides our parents when we were growing up. He is about three years older than so when we were getting older he was like almost a third parent but a more understanding and chill parent. All of the scores I put for him are 3 expect for reliability. He is someone I can to go for anything and I can rely on him to help me when I am in need. His Scores are pretty average however I do only have one brother, which is why he is irreplaceable, and he is also the only one that can understand how I feel at sometimes since he grew up the same way with the same environment and family. His dependence isn't that high because we both can survive without each other however we would both like it we saw each other at least once in a while.

The fourth person is Brian who is a childhood friend that I went to elementary, middle, and high school with. He has been a very close friend of mine since 2nd grade and it is shown by his ratings. Brian is a friend that I can share anything with and I am very comfortable just hanging out and talking with. He is like a second brother to me and there is nothing we wouldn't do without each other. The only section that is pretty low is dependence. This is low because we have a relationship where we don't have to see each other a lot to be comfortable or to live our lives. We will always be great friends and separation doesn't really affect us, which is why I believe we are not really dependent on each other. Every other section is high because we are super comfortable with each other and we can talk about anything and do anything together which in my opinion makes our friendship pretty unique.